

WASSUP

W O O N O N A



Term 1 | Week 10 | 2 April 2019

Principal's Report

Happy Holidays... Nearly!!!

As this will be the last newsletter for Term 1, I would like to congratulate everyone on a wonderful first term in 2019. It is hard to believe that we are now almost at the end of 11 weeks of learning! Can I especially congratulate our Kindergarten students who, at the end of next week, will have completed their first term of schooling. What a wonderful job they have done in settling into primary school!

It certainly has been a very settled and happy start to the year, which has been reflected in the positive vibe and feel in the school. As a school community, this can only be achieved if we are all "Learning and Working Together" and I thank everyone (Students, Staff, Parents and Families) for their support of our school in 2019.

I would like to wish everyone a safe and enjoyable holiday break. The Term 1 holidays are my favourite of the year... The weather is a little cooler, but the days tend to still be warm and perfect for getting out and about. I hope this year is no different!

School resumes for students on Tuesday 30 April 2019. We look forward to seeing everyone return happy, relaxed and ready to learn for what will no doubt be a busy and enjoyable term at Woonona Public School.

Mr Fisher Long Service Leave

From the beginning of Term 2 until the 27 May 2019, I will be on Long Service Leave. During this time, Ms Alison Strinic will relieve in my role. I look forward to seeing everyone when I return.

School Cross Country

Our School Cross Country Day was not only a huge success, but a lot of fun! Congratulations to Mr McMullen, Mrs Gibson, Mrs Barnaby and Mr McGee who convened the events, and all teachers for supporting the day. A sincere thanks to our parents who came to support our students as they ran and even more-so the parents who assisted. It certainly was a wonderful day.

Finally, well done to all of our students who challenged themselves on our difficult courses. There were some wonderful performances, with many children achieving well beyond what they thought they could achieve! Well done to everyone involved!! Many of our students will now go on to represent our school at District Cross Country on Thursday 2 May 2019.

WOONONA PUBLIC SCHOOL
5A GRAY STREET
WOONONA NSW 2517

Ph: 4284 4316 | Fax: 4283 4216

email: woonona-p.school@det.nsw.edu.au

website: woonona-p.schools.nsw.gov.au

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School Cross Country Photos K-1



CO-OPERATION - RESPECT - EFFORT - RESPONSIBILITY

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Welcome Mr Darcy Heffernan and Farewell Miss Tegan O'Brien

Last week I was informed that Mr Darcy Heffernan would be joining Woonona Public School as a permanent teacher. Mr Heffernan will begin his permanent role on the first day of Term 2, 2019 and has been appointed to the vacant position that Miss O'Brien has been filling this year. Yesterday, I spoke with the students of 5-6O. While there were some disappointed students, there is also great excitement for the arrival of a new teacher who will bring his own skills to the classroom and school. While Miss O'Brien has done a wonderful job setting up the students in 5-6O, it will be sad to see her move on from Woonona Public School, we wish her all the best for the future.

Year 4 and Stage 3 Learn about Cyber Safety

Last week, Paul Marriott, Police Youth Liaison Officer, visited our Year 4 and Stage 3 students regarding the risks of Cyber Bullying and the current trends that are about with the use of technology. As you can imagine, this is a huge part of growing up and Constable Marriott spoke directly about the risks involved. With High School not far away, many of our students will have some big decisions to make in coming years and it is information sessions such as these that will hopefully open their eyes to how certain actions can lead to unchangeable consequences.

Young Leaders Day

On Monday of Week 7, our school leaders, prefects and extended leadership team travelled to Sydney for the Halogen Young Leaders Conference. It was an amazing day of fun, lots of dancing and listening to inspiring speakers who spoke about their lives and how they have achieved success as a leader. Later in this newsletter, some of these leaders have written their reflections on what they learnt at such an enlightening day.



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Election Day BBQ and Cake Stall

I would like to thank all the parents, staff and students who assisted at our very successful Election Day BBQ and Cake Stall. It was great to see the whole community get behind the event, led by the always enthusiastic Terri, whether that be by donating cakes, volunteering on the day or by purchasing a treat at election time. We raised close to \$2000 for our school P&C!



Thank
you!

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P&C Meeting

Our next P&C meeting will be on Wednesday 10 April at 6:30pm. The meeting will be held in the school staff room. We hope to see you there!

Easter Hat Parade!!!

Our school will be having our much-anticipated annual Easter Hat Parade on Thursday 11 April at 11:30am. It will take place under the COLA. Children are encouraged to decorate a hat. We can't wait to see your creative flair! There will also be an Easter raffle drawn so be sure you get your tickets in! We are looking forward to a fantastic morning and wonderful way to start our Easter celebrations, a successful first term for 2019 and the upcoming school holidays!

State Swimming Carnival

The final two days of Term 1 will coincide with the State Swimming Championships at Homebush in Sydney. I would like to wish Madison all the best as she competes against the best swimmers in NSW and in many cases, Australia. It takes great commitment to reach such an outstanding level of competition and I'm sure our whole school community is very proud of what she has achieved and will achieve.

In addition, I would like to wish our senior girls relay team good luck at the State Swimming Championships. Madison, Montana, Charli and Kate will be great representatives of the South Coast Region, Wollongong North District and of course Woonona Public School – do us proud girls!

Enjoy your week!

Mr Tim Fisher
Principal

Young Leader's Day Reflections

At Halogen 2019 I had lots of fun. I went with Mr Fisher, the leadership team and the extended leadership team. The first speaker was Tim Diamond from the Cotton-On foundation. He told us all about the fundraising and what it is going towards. The next speaker was Tamsin Janu, she is an author who told us all about her journey. Cate Campbell came next, she showed us all her medals and her must-haves for swimming. Holly Ferling told her story of leadership and where it has led to for her. I learnt so much at Halogen and would like to thank Mr Fisher for organising for us to go.

Thank You.

Annabelle



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Young Leader's Day Reflections continued:

The best part about Halogen was when the swimmer, Cate Campbell spoke. She spoke about how if it wasn't for her sister she wouldn't be an Olympian. She said that her sister would always brag about winning all the time and that made Cate determined to beat her. One of Cate's quotes was "that a setback is just life asking you if you really want it".

Halogen was one of the best things yet, and I wish I could do it again.

Luke

Tim Diamond was a remarkable speaker on how the Cotton-On foundation could change South Africa and most parts of the world. Tim tells a story of how he goes to Uganda for the first time, it was pouring with rain and he gets out of his car and starts to head towards a school. He gets to a makeshift mud brick building and to his surprise it was the school. None of the children had shoes, the roof was leaking and the floor was dirt turning into mud from all the water. He met a student named Paul (age 11), Paul took Tim to his house it's a two mile walk. Paul showed him around then Paul's two siblings walk in (4 & 6). Tim says thanks Paul, then asks where his parents are and he replies "I never knew my father and my mother died during the HIV epidemic".

When Cotton-On was founded it was set up to help the people like Paul of Uganda, after the mass HIV epidemic wiped out most of its population. Tim has set out to make the world a better place by setting up clean water, proper schools and homes.

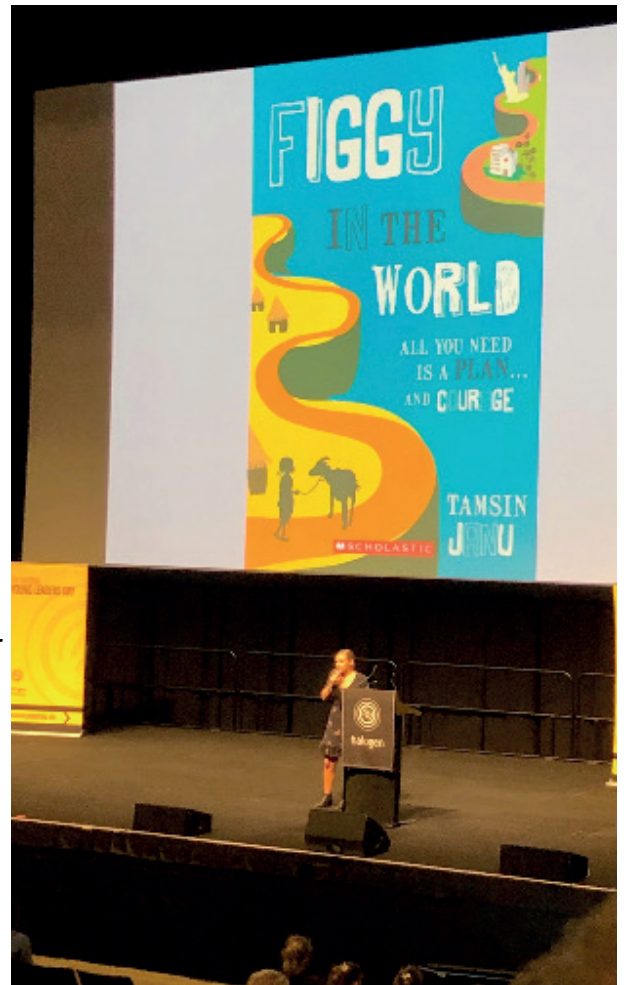
Samuel

I enjoyed going to the Halogen Young Leaders Day and listening to all the speakers. It was really interesting listening to the different speakers and their stories of leadership. I also enjoyed learning about how they played a role in society and how they helped people who don't have a lot.

I enjoyed learning how they all became leaders and how they did not give in when they were challenged with hard times. For example how Cate Campbell was a breastroker but then she fractured her hip and was never able to swim breaststroke again. She explained how she used a pull buoy to do freestyle and now she is the best at the freestyle technique.

It was a great experience to listen to such talented people speak and I learnt so much from them.

Fletcher



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Young Leader's Day Reflections continued:

Halogen was an amazing and very unique experience of which I was extremely lucky to be part of this day.

There were four great speakers, but the speaker I personally found most enjoyable was Cate Campbell because of her relatable and bubbly speech.

Cate spoke about how you just need dedication and motivation to succeed. Cate Campbell was born in Africa and moved to Australia at the age of nine, and then began swimming. In the beginning Cate was apparently quiet unmotivated and lazy but her younger sister, Bronte was the complete opposite and completely committed.

As Cate grew older, her sister continued to progress and win races. One day Cate stole Bronte's medals, but her mum stopped her and told her that if she wanted medals she would need to work for them. Cate began to be more motivated and work harder. However, at 12 years of age she partially dislocated her hip tearing the cartilage. This was a major setback to her swimming. Her coach Simon helped to push and improve her swimming. In 2008, by 15 years Cate attended her first Olympics and came home with two bronze medals. Following this she won a gold medal in the 2012 Olympics.

Cate is the current world record holder in the 400m freestyle relay team and the 100m freestyle. I enjoyed listening to Cate as she was an entertaining and motivating speaker.

Hannah



WRAPT in ART

Thirroul Seaside Arts Festival 5-7th April

Woonona Public Schools Stage 3 students had the opportunity to be a part of a community initiative for the annual Thirroul Seaside Arts Festival. Eight local schools got to take part in creating canvas banners to advertise the festival and its activities. The banners will be placed around electrical poles in Thirroul from the 3-7th April.

The festival has established itself in the community as a beloved weekend long event with an art exhibition and prizes, entertainment, market stalls, great food, and competitions. This year there are Moonlight Cinemas, a pop up skateboard ramp, murals that people can take part in and a photography exhibition.

Thirroul Seaside and Arts Festival celebrates art and the beach as fundamental parts of local life. Stage 3 have captured the spirit of the festival in their two designs. Well done to all that participated!

Ms. Westbrook





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ThinkUKnow presentation

Our school will be hosting a ThinkUKnow presentation on 6 June 2019 at 6:00pm and all parents, carers and teachers are encouraged to attend.

ThinkUKnow Australia is a cyber safety education program that educates parents, carers and teachers of how people are using technology, the challenges they may face online, and how to help them overcome these in a safe and ethical way.

ThinkUKnow Australia is a partnership between the Australian Federal Police, Microsoft Australia, Datacom and the Commonwealth Bank. The program is delivered in collaboration with policing partners New South Wales Police Force, Northern Territory Police, Queensland Police, South Australia Police, Tasmania Police, Western Australia Police, as well as Neighbourhood Watch Australasia.

The presentation will be delivered by a local law enforcement member and an industry volunteer. The presentation covers issues relating to children and young peoples' privacy and security online, their relationships with other users and their online reputation. It provides insight into the devices young people are using, as well as the popular websites, apps and social networking sites they're accessing.

This is a fantastic opportunity for you to learn more about young people and the online environment, and how you can help them to be safe and responsible users of technology.

For more information, you can visit www.thinkuknow.org.au.

Further details will be sent out with students early in Term 2, 2019.



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Earn & Learn starts Wednesday 1 May

With every \$10 spent at Woolworths, one sticker is collected. These can be placed onto the Earn & Learn sticker sheets and dropped into the collection box at Woonona Public School or your local Woolworths.

To help boost your sticker collection, look out for the range of participating products in store which will earn you double stickers.

Points earned are used to purchase equipment such as Arts & Crafts, Digital Technologies and Outdoor Equipment.



The simplest way

... to keep Easter fun whilst making it healthy.

Easter can mean many things.

Easter bunny:

- Eat what bunnies eat, try some carrot filled recipes such as 'carrot cake oat biscuits'
- Decorate pancakes with fruit to make a bunny face.



Easter eggs:

- Paint hard boiled eggs with food coloring - the perfect family activity *and* healthy snack.

Chocolate:

- Include other sweet treats in celebrations such as 'apple and date bliss balls'

Family celebrations:

- Check out healthylunchbox.com.au for recipes the whole family will enjoy.

healthylunchbox.com.au



SunSmart Snippet

The simplest way

... to choose a SunSmart hat

A SunSmart hat not only protects the face, head, neck and ears, it can also reduce the amount of UV radiation reaching the eyes by 50%.



CHOOSE a SunSmart hat:

- Broad-brimmed hats
- Bucket hats
- Legionnaire style hats

Baseball caps and sun visors do not protect the cheeks, ears and back of the neck and are not recommended.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartnsw.com.au

Woonona Public School

Events Calendar 2019

Date	Title	Description
4/04/2019	K-6 Easter Mufti Day	Egg or gold coin donation
5/04/2019	Hot Cross Bun Orders Due	
9/04/2019	CAPA Audition Day - WHS	
10/04/2019	P&C Meeting	6:30pm
11/04/2019	Easter Hat Parade	
2/05/2019	District Cross Country	
6/05/2019	Year 6 Fundraising Committee meeting	
8/05/2019	Stage 3 Showcase	
9/05/2019	Mother's Day Stall	
13/05/2019	Kinder Excursion	Sydney Aquarium 8:30am - 3:00pm
17/05/2019	Stage 1 Showcase	
28/05/2019	Athletics Carnival	
31/05/2019	PSSA Week 1	
5/06/2019	Book Fair	
6/06/2019	Book Fair	
6/06/2019	ThinkUKnow Presentation	
7/06/2019	Regional Cross Country	
10/06/2019	Queen's Birthday - NO SCHOOL	
12/06/2019	P&C Meeting	6:30pm

Calendar subject to change due to unforeseen circumstances.

Please visit the website to view all events, permission notes and information.

<https://woonona-p.schools.nsw.gov.au/>

Uniform Opening Hours Term 1
Tuesday 2:30pm - 3:15pm (odd weeks)
Friday 8:30am - 9:30am

Uniform Shop

Woonona Public School Uniform Shop Roster, Term 1 2019

Afternoons 2:30 – 3:15 pm		Mornings 8:30 – 9:30 am	
Tuesday 2nd April	Hayley and Sam	Friday 5th April	Renae and Jo
		Friday 12th April	Jayde and Charmaine

Canteen

Week 6	Monday 4-Mar Jodie Cleaves Amanda Hawker	Tuesday 5-Mar Sharon Beauchamp Emilia Barabach	Wednesday 6-Mar Kirstie Knight Melissa Saunders	Thursday 7-Mar Elke Cummings Paul Robson	Friday 8-Mar Amy Holland MS CANTEEN CHAMPION NEEDED CANTEEN NEWBIE NEEDED Nicole Byrne AS
Week 7	Monday 11-Mar Debbie Boyd CANTEEN NEWBIE NEEDED	Tuesday 12-Mar Ashley Garcia Chris Paul	Wednesday 13-Mar Deanne Harrison Natalie Hoyle	Thursday 14-Mar Jenni Ludewig Leonie Smith	Friday 15-Mar Kylie Owen Andromeda Lembo Aki Holmes
Week 8	Monday 18-Mar Cecilia Wallis Emilia Barabach	Tuesday 19-Mar Jackie Pipe Kevin Smith	Wednesday 20-Mar CANTEEN CHAMPION NEEDED Melissa Saunders	Thursday 21-Mar Elizabeth Phillips Malja Deveney	Friday 22-Mar Sarah Foord Marg Nichols Angela Sargeant MS Nicole Byrne AS
Week 9	Monday 25-Mar Samantha Mclean CANTEEN NEWBIE NEEDED	Tuesday 26-Mar Emilia Barabach Sharon Beauchamp	Wednesday 27-Mar CANTEEN CHAMPION NEEDED Charmaine Dober	Thursday 28-Mar Paul Robson Leonie Smith	Friday 29-Mar Amanda Macaulay CANTEEN NEWBIE NEED MS Kathryn Postill AS Maseya Baatjes
Week 10	Monday 1-Apr Coby Davis Samantha Mclean	Tuesday 2-Apr Megan Cracknell Amanda Sandoe	Wednesday 3-Apr CANTEEN CHAMPION NEEDED Melissa Saunders	Thursday 4-Apr Kristen Cuthbert Wendy Benson	Friday 5-Apr CANTEEN CHAMPION NEEDED Erin Davey Stephanie Earl
Week 11	Monday 8-Apr Emilia Barabach CANTEEN NEWBIE NEEDED	Tuesday 9-Apr Sonya Kinsey MS Sharon Beauchamp Kim Walker AS Sherrie Gallagher AS	Wednesday 10-Apr Deanne Harrison Charmaine Dober	Thursday 11-Apr Elke Cummings Leonie Smith	Friday 12-Apr Amy Holland MS CANTEEN NEWBIE NEEDED Sarah Foord Nicole Byrne AS



Please be aware that there are students in our school with allergies to nuts. We ask that you give consideration to voluntarily agreeing not to send nut products, in particular peanuts and peanut butter, to school.

WOONONA PUBLIC SCHOOL CANTEEN: OUR NEW MENU

WE'RE SO EXCITED TO
SHARE WHAT WE HAVE
PLANNED FOR TERM 2!

MON: LOADED BAKED POTATOES

TUES: PIZZA TUESDAY

WED: SUSHI!!!!

THU: PIZZA THURSDAY

FRI: BURGERZZZZZ DAY

WE'VE BEEN LISTENING TO THE KIDS SO WE'RE MIXING THINGS UP A BIT BASED ON WHAT THEY TELL US THEY ARE LOVING TO EAT! OUR NEW DAILY SPECIALS (ABOVE) WILL BE SERVED THROUGH THE WEEK, ALONG WITH THE FOLLOWING STANDARD ITEMS: SANDWICHES, SAUSAGE ROLLS, CHICKEN CHIPPIES, CHICKEN WRAPS, AND A RANGE OF PASTAS.

OUR LOADED BAKED POTATOES ON MONDAYS WILL BE SERVED WITH A YUMMY RANGE OF TOPPINGS - THINK HAM AND CHEESE, MEXICANA, ETC. PIZZA TOPPINGS WILL VARY ACROSS TUESDAY AND THURSDAY, SUSHI REMAINS AS IS, AND BURGER FRIDAY WILL OFFER BEEF AND CHICKEN BURGERS SERVED WITH LETTUCE, TOMATO, CHEESE AND SAUCE.

WE WILL ALSO BE INCLUDING SOME NEW FRESH, HEALTHY, AND MOST IMPORTANTLY... APPEALING, TREATS FOR RECESS AND LUNCH.

THE MENU WILL BE CHANGING FROM DAY ONE IN TERM TWO SO MAKE SURE YOU GET THE KIDS EXCITED TO TRY SOME NEW MEALS.



Don't miss our free
2 day autism workshop
for parents and carers
of school aged
students on the
autism spectrum



Wollongong
14 & 15 May 2019

Register your place:

positivepartnerships.com.au

SCHOOL HOLIDAYS

APRIL 2019

MON 15 APRIL	Boxing 4pm - 5pm \$10
TUES 16 APRIL	Parkour 9-12pm Arrow Tag 12:45-2:45pm Oztag 3pm-4pm Half day \$30 / Full day \$55
WED 17 APRIL	Boxing 4pm - 5pm \$10
THURS 18 APRIL	ArrowTag 9-11:45am Hockey 12:30-2:15pm Parkour 2:30-4:30pm Half day \$30 / Full day \$55
FRI 19 APRIL	CLUB CLOSED
MON 22 APRIL	CLUB CLOSED
TUES 23 APRIL	Little Ninjas 9-12pm Street Soccer 12:45-2pm Oztag 2:15pm-4:15pm Half day \$30 / Full day \$55
WED 24 APRIL	Boxing 4pm - 5pm \$10

SAVE TIME AND BOOK ONLINE!

**Program is designed for children aged 5 years and older.
Program times and costs vary, please see above.**

All participants must bring morning tea, lunch & snacks.

All participants must be a PCYC Member. Membership is \$30 and is valid for 12 months.

02 4229 4418
wollongong@pcycnsw.org.au
Exeter Avenue North, Wollongong



WEDNESDAY
24TH APRIL
2019

10am - 12pm

FIT FOR LIFE WONONA

SCHOOL HOLIDAY FUN

Looking for some fun & fitness in
the school holidays, come and join
in the games, boxing and a BBQ at
Nicolson Park, Woonona with your
local Police.



Woonona
Nicolson Park
(Opposite the
Beach)

Join us for some
Fitness
Followed by a
BBQ Lunch



WEDNESDAY
17TH APRIL
2019

10am - 12pm

FIT FOR LIFE HELENSBURGH

SCHOOL HOLIDAY FUN

Looking for some fun & fitness in
the school holidays, come and join
in the games, boxing and a BBQ at
Rex Jackson Park with your local
Police.



Helensburgh
Rex Jackson
Park
(Near the Skate
Park)

Join us for some
Fitness
Followed by a
BBQ Lunch



REGISTRATION FOR JUNIOR SHAMROCKS NOW OPEN FOR 2019

Shamrocks Junior Rugby Club needs players for the 2019 season.

No experience required and all body shapes and sizes welcome – we have positions for all.



Registrations this year are to be processed and paid online

<https://myaccount.rugby.com.au>



- Registration Cost \$100
Includes shorts and socks
- Training days
Fridays at 4:30pm – U13's
Wednesday from 4:30pm – all other ages
- Sunday 31st March 2018
First Game

For more information:

Website: <https://www.shamrocksrugby.com.au/shamrocks-juniors/>

Contact: Andrew Cracknell – President (0432 944 543)

Jerry Thomas – U13s Coach (0414 267 134)

SCIENCE SPACE

For ages 6-12

SUPERHERO SCIENCE CAMPS!

FLIGHT ACADEMY

Mon 15th April

Avengers assemble! Invent a flying machine to test in a vertical wind tunnel, design the ultimate plane, and launch your own superhero rockets outside.

CRASH TEST LAB

Tues 16th April

Enter our Invention lab to learn about life hacks and design prototypes. Smash and crash your way through a series of engineering problems.

DESTRUCTION CHALLENGE

Wed 17th April

Hulk smash! Design and build the ultimate hideout fit for a superhero! Can it withstand and survive an enemy attack, an earthquake or even a tornado?

THEME PARK DESIGNERS

Thurs 18th April

Design and construct the ultimate superhero theme park! Discover the incredible science behind your favourite thrill rides and construct your own rollercoaster!



Join us these Easter holidays for action-packed days full of Superhero science, technology, engineering & maths fun.

BOOKINGS ESSENTIAL!

rebrand.ly/SSSuperheroHolidays



FREE FOOTBALL TICKETS

Hyundai A-League 2018/19

Western Sydney Wanderers v Sydney FC

Saturday 13 April 2019 7.50pm

ANZ Stadium

Thanks to the Western Sydney Wanderers, the NSW Premier's Sporting Challenge and ANZ Stadium, students and staff at your school have the opportunity to witness these two Sydney giants go head to head!

As your school is participating in this year's NSW Premier's School Sport Challenge, up to four (4) FREE tickets are available for each student and staff member to redeem for the match.

Tickets are limited so be sure to secure them quickly for what will be a great evening of rugby league. To take up this fantastic offer, students and their parents should follow the below easy steps:

1. Simply go to the website: <http://www.anzstadium.com.au/premiers-sporting-challenge/>
2. Register details.
3. Print out the voucher and bring it with them on the day to enter ANZ Stadium via the gate listed on their vouchers to sit in general admission seating.

For additional information, please visit the ANZ Stadium website by [clicking here](#).

Please note:

- Students must have parental permission to participate in this offer.
- Each student is entitled to up to four (4) free tickets (limited to one registration per student).
- Match ticket voucher must be printed and presented at Stadium entry gates for entry to this match.
- There is a limit of 8,000 vouchers/tickets (redemption available to 2,000 individuals).
- Entry may be refused if match ticket vouchers are damaged or defaced in any way or redeemed in an unauthorised manner.
- If a match ticket voucher is resold or redeemed in an unauthorised manner it may be cancelled and the bearer of the ticket refused entry.
- Accessible seating is available within the allocated general admission seating area.

Come & Try FootGolf

If you have an interest in golf or football (soccer), you will fall in love with FootGolf!

FootGolf is ideal for all ages and played just like golf, but with a football being kicked over 9 holes. It's loads of fun and is ideal for a casual game, social, school groups, kids parties and team building activities.

- Bookings recommended ph: (02) 4283 5322
 - Ages 5+
 - Enclosed footwear (strictly no football boots) and t-shirts essential
 - Bring your own ball or book ours
- Cost**
Adult: \$14 • Under 16: \$9.50
Pre-booked groups (10+): \$7.50 ea
- Times**
Monday to Thursday, 3-6pm
Sundays 12 noon - 6pm



Pro Shop (02) 4283 5322
Club House (02) 4285 1286

www.wollongong.nsw.gov.au/golfcourse

The Vale Golf Course and Pro Shop