

LIFE EDUCATION 2023

The Life Education van will be visiting our school from Monday 4 September to Friday 8 September 2023.

Below, is a brief outline of the program contents:

Kindergarten - Harold's 'Friend' Ship	Students learn to recognise the importance of relationships and gain skills to seek help in a variety of situations.
Year 1 - Ready, Steady, Go!	Students learn to identify body clues and manage emotions that arise in new and challenging situations.
Year 2 - Growing Good Friends	Students investigate healthy lifestyle choices and factors that impact health and emotional wellbeing.
Years 3 & 4 - Friends and Feelings	Students explore how to recognise, regulate and self-manage emotions and behaviour in a variety of situations.

The programs address many of the components and objectives within the Personal Development, Health and Physical Education curriculum in a fun and engaging way.

The cost of \$7.00 is being subsidised by the school. Please return permission notes before Friday 1 September.

Harold merchandise can be purchased online through Life Education. We will send out a notification on the parent portal when we receive the QR code for ordering. Ordered items will be delivered to our school after the Life Education visit.

Mrs Lockyer
Life Education Coordinator

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I give permission for _____ of class _____ to attend the Life Education program visiting from Monday 4 September to Friday 8 September 2023.

Parent/Carer signature: _____ Date: _____